



## Healthy Desserts



Indulge in guilt-free treats with our Healthy Desserts Cooking Class at The Maple Center. Learn to create delicious and wholesome desserts through live demonstrations and, of course, plenty of samples to enjoy. You'll be amazed at how easy it is to satisfy your sweet tooth while still making healthy choices.

Sign up now and learn to make desserts that are as good for your body as they are for your taste buds.

**Tuesday, Nov 12th, Noon 1:30pm**  
**at Maple Center in the**  
**Larry P. Fleschner Memorial Classroom**

**Cost: \$20 or use your VIP credit**